



CARE OF THE MOUTH AFTER EXTRACTIONS

1. DON'T RINSE mouth for 24 hours.
2. KEEP FINGERS AND TONGUE away from socket.
3. BLEEDING. Some bleeding following tooth extraction is to be expected. If unusual, place a wet sterile gauze pad firmly over the site of extraction and bite down or hold in place with pressure for 20 minutes. Repeat if necessary. Avoid hot liquids.
4. SWELLING. Use plastic bag or towel filled with ice against affected area for 3 minutes on and 10 minutes off for one hour. Swelling may start after tooth has been removed but is no cause for alarm.
5. FOOD. Light diet is advisable during first 24 hours.
6. NEXT DAY rinse mouth with teaspoon of table salt in an 8 oz. glass of very warm water, after meals. Repeat for the next 2 or 3 days if necessary.
7. BONY EDGES. After teeth are extracted, the patient may feel hard projections in the mouth and think they are roots. This is usually the hard, bony partition, which surrounds the roots of the teeth. These generally break away or work themselves out.
8. If antibiotics are prescribed, take full amount of medication even though symptoms have disappeared.
9. In case of unusual symptoms call the office immediately.